MOUNTAIN WEST OUTDOOR CLUB (MWOC) LIABILITY RELEASE AND WAIVER

Trip Name_____Date_____Leader_____

Acceptance of terms and conditions:

I understand and accept that there are certain inherent risks with any outdoor activity, including, but not limited to, injury, adverse weather conditions, rising water, falling objects, air and waterborne microorganisms, temperature extremes, etc. By participating in the above mentioned MWOC outdoor activity I understand and accept that MWOC is under no legal obligation to provide me or anyone accompanying me with transportation, hydration, nutrition, clothing, or medical aid.

By signing below I certify that I am physically and mentally capable of participating in and completing the MWOC trip named above. In order to assure the safety of myself and other members, I may be required to supply medical documentation of my fitness to so participate. I understand and accept that MWOC activities are NOT led by professional guides. I hereby agree to defend, indemnify, and hold MWOC and its members harmless from and against any loss, damage, liability, suit, claim, cost or expense, including, but not limited to, reasonable attorney's fees arising from or relating to any injury to my person or property sustained as a direct result of my participation in any MWOC activity. This release and hold harmless shall be binding upon my heirs and representatives.

Name (print)	Signature	Primary Phone	Emergency Phone	Address